

Is it time for your next COVID-19 booster?

Use the chart below if you have completed your primary series and are aged 5 and older.

Start

Have you received a booster dose since Sept 1, 2022?

No

Get your booster now.*

Immunity decreases over time and bivalent boosters protect against the newest circulating variants.

Yes

Do any of the following apply to you?

- Aged 65 and older
- Resident of a long-term care home, retirement home, elder care lodge, and other congregate living settings for seniors
- Aged 18 years and older living in a congregate care setting for people with complex medical care needs
- Pregnant
- Aged 18 and older and moderately to severely immunocompromised
- Aged 55 and older identifying as First Nations, Inuit, or Métis and non-Indigenous household members aged 55 and older

Yes

Get your booster at least 6 months after your last dose.*

Because of your risk factors, the protection you have may have decreased so you need a 'boost in protection.'

No

There is no evidence that you need another booster dose.

For most people, protection against becoming very sick from COVID-19 is long lasting so you do not need another vaccine dose right now. More recommendations will come for future doses.

Notes

* If you tested positive for COVID-19 (on a rapid home test or another test) OR had symptoms after being in close contact with someone you live with that had tested positive, you should wait 6 months before getting a booster dose. If you are not sure if you had COVID-19, get a booster dose.