



**Health, Seniors and Long-Term Care  
Public Health**  
300 Carlton Street  
Winnipeg, Manitoba Canada R3B 3M9

October 22, 2025

**RE: NEW Provincial Website – Parenting in Manitoba**

Dear Health Care Provider:

The Department of Health, Seniors and Long-Term Care is pleased to share that Parenting in Manitoba, a new provincial website, is now live at [www.parentinginmanitoba.ca](http://www.parentinginmanitoba.ca).

Parenting in Manitoba provides current, evidence-based information for parents across Manitoba, with a focus on pregnancy and parenting up to age five. The website may also be used as a resource to facilitate conversations between parents and their health care providers.

**Key features:**

- Over 120 articles across many topic areas relevant to Manitoba families.
- Content is developed in collaboration with clinical experts and is updated regularly to reflect changes in clinical guidance and public need.
- With Google Translate, the website is accessible in over 200 languages.
- Articles are print-friendly and easily shareable.

**Topics include:**

- |                               |                       |
|-------------------------------|-----------------------|
| • Safe Sleep                  | • Infant Feeding      |
| • Common Childhood Illnesses  | • Midwifery Care      |
| • Newcomer Families           | • 2SLGBTQIA+          |
| • Wellbeing and Mental Health | • Nutrition           |
| • Immunization                | • Community Supports  |
| • Breastfeeding/Chestfeeding  | • Indigenous Families |
| • Substance Use               | • Safety              |
| • Growth and Development      | • Activity            |

**Please share this website with families and service providers in your communities and networks. Visit [ParentinginManitoba.ca](http://ParentinginManitoba.ca) today!**

Sincerely,

Lori Ann Laramée  
Director, Population Health Programs